

# Your guide to the Shuswap.

*Find community, local resources, and more.*

SASCU





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*Salmon Arm Savings and Credit Union respectfully acknowledges the land in which we live, work, and play is the unceded traditional territory of the Secwépemc Nation.*



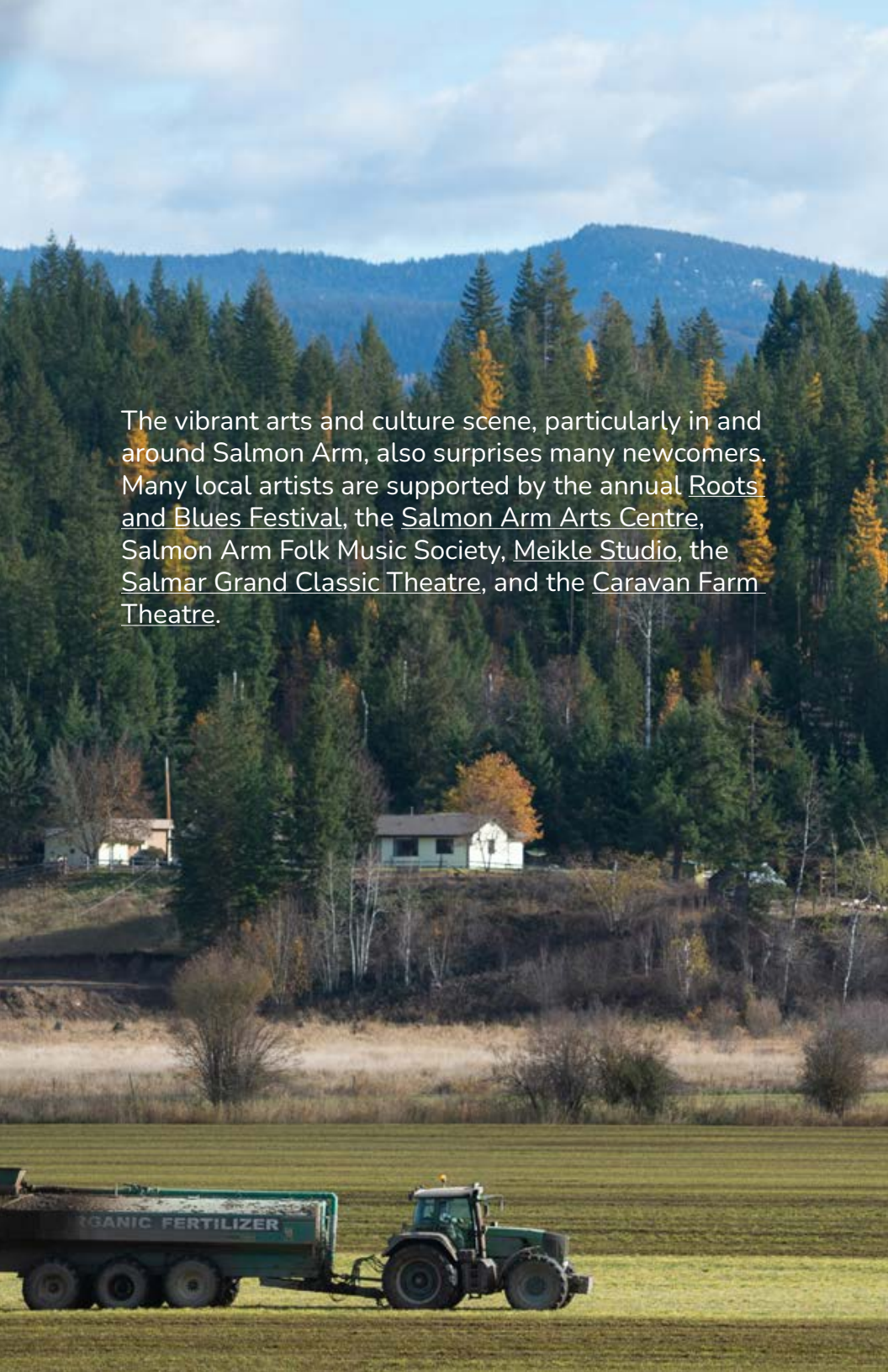
# About the Shuswap

**We're happy to have you.**

Located in the Secwépemc Nation Traditional Territory in BC's Southern Interior Region, halfway between Vancouver and Calgary off Highway #1, the Shuswap region comprises the area in and around Shuswap Lake – including Chase and Sorrento to the west, and Sicamous and Three Valley Gap to the east. The Shuswap Region is known as the “meeting of the waters”, with it's four lake “arms” and hundreds of kilometres of shoreline, it has been known for being a place of gathering.

The Shuswap has been known for its beautiful beaches, warm water, pine forests, and all the countless outdoor activities around. The various Shuswap communities are wonderful places for families and anyone looking to be surrounded by natural scenery and endless outdoor adventures on and off the lake. The Shuswap is truly a four-seasons playground, with the Shuswap Trail Alliance being home to over 600 kilometres of trails, the choice is yours – to walk, run, bike, hike, climb, skate, or swim.





The vibrant arts and culture scene, particularly in and around Salmon Arm, also surprises many newcomers. Many local artists are supported by the annual Roots and Blues Festival, the Salmon Arm Arts Centre, Salmon Arm Folk Music Society, Meikle Studio, the Salmar Grand Classic Theatre, and the Caravan Farm Theatre.



# Living in the Shuswap

## More than an explorer's paradise

At a glance, the Shuswap has been seen as a place for seasonal explorers, but it's also a place where many continue to grow their roots. The area offers many opportunities to pursue whether you're looking for more places to explore, raising a family, easing into retirement, or are a curious life-long learner.

## Major industries

Some of the major industries in the Shuswap area include the trades, construction, manufacturing, and hospitality. Tourism and healthcare also represent a large portion of the local economy. Like the Okanagan, agri-tourism is also a growing industry, highlighting the area's farms and wineries along with their cultural influences.

Top: Larch Hill Trails.

Bottom: Live Music at Wednesdays on the Wharf. Image Source: [Salmon Arm Observer.](#)







# Living in the Shuswap

## We're a place of curiosity

With Salmon Arm being the largest city central within the Shuswap, its surrounding area is a hub for learners. The area offers many learning opportunities, including pre-schools, a [Montessori school](#), [public schools](#), French Immersion, an [outdoor school](#) and a [private school](#).

## School District No. 83

School District No. 83 is the primary district that encompasses the North-Okanagan and Shuswap neighbourhoods. If you're new to the district, you can use their [School Locator Tool](#) to see your child's catchment area.

## Okanagan College

Salmon Arm is also home to [Okanagan College](#), offering a variety of online and in-person university transfer programs, diploma programs, and continuing studies. Okanagan College also has campuses in Kelowna, Vernon, and Penticton.





Okanagan College Campus, Salmon Arm. Image Source: [Okanagan College, Salmon Arm Campus](#).



Right: Trades Programming at Okanagan College. Image Source: [Penticton Western News](#)

# Neighbourhoods

## Downtown Salmon Arm

Within walking distance from the Salmon Arm Wharf and Marine Peace Park, downtown Salmon Arm is a vibrant walkable commercial hub that is home to many retail and hospitality businesses. It's also the home of the year-round [Downtown Farmer's Market](#) every Saturday!



Above: Roots and Blues Downtown SA. Image Source: [Downtown Salmon Arm](#).

## Uptown

Just east of downtown off Highway #1, the Uptown neighbourhood is a quaint residential and modern commercial area. Central to the area is Askew's Foods, a grocery chain supporting local food supply and SASCU's Uptown Branch. The Recreation Centre along with Okanagan College are conveniently located here, and it's also close to several elementary, middle, and high schools in the area.



Above: Askew's Food Uptown Exterior. Image Source: [Naturally Wood.](#)

# Neighbourhoods

## Gleneden

Gleneden is a rural neighbourhood, west of Downtown Salmon Arm, that is largely agricultural and residential with large properties, active farms, and well connected to trail systems. The community hall and elementary school are central to the area. It's also close to the west end with most major grocers, farm supplies, and the popular farmer's market DeMille's tucked off the highway.



Above: Gleneden Property. Image Source: [Shuswap Real Estate](#).



## Broadview

Broadview is a quiet residential area just east of downtown Salmon Arm. This neighbourhood features amazing lake views, a variety of elementary schools, and a number of trails connecting the residential areas. Broadview is a great family neighbourhood with it's proximity to schools and trail systems that weave through. It's also home to Little Mountain Park which is a popular summer sports field and dog park.



Above: South Broadview Elementary. Image Source: [SA Observer](#).

# Neighbourhoods

## Canoe

Canoe is a well-established neighbourhood just minutes from Salmon Arm. While the area is primarily single-family homes, it also includes a mix of parks, trails, and agricultural areas. South Canoe School is located here, home to Salmon Arm's Outdoor Ed Program. Canoe Beach also hosts stunning lake views, boat launch, and beach volleyball courts, it's one of Salmon Arm's most popular summer spots.



Above: Canoe Beach. Image Source: [Shuswap Tourism](#).

## Tappen

The community of Tappen is located just north of Salmon Arm off Highway #1 on the Shuswap. Tappen is known for it's breathtaking lake views, quiet residential streets, sunny beaches, and rural landscape.



Above: Tappen Bluffs. Image Source: [Shuswap Adventure Girl](#).

# Neighbourhoods

## Blind Bay

Blind Bay is located on the southern shore of Shuswap Lake, 29 kilometres north of Salmon Arm and 6 kilometres east of Sorrento. Blind Bay is a favourite destination for Shuswap summer vacationers and snowmobilers in the winter. It's also a hub for those looking to get out of the busier town-life of Salmon Arm and surrounding areas.



Above: Blind Bay Beach. Image Source: [Exploratory Glory Travel Blog](#).



## Sorrento

Sorrento is a community of 1,300 located off Highway #1, half an hour north of Salmon Arm. In the summer, Sorrento is a water sports hub – for boating, fishing, water skiing, and everything in between. It's known for the colourful spectacle in Tsútswecw Park, one of the largest sockeye salmon runs. Sorrento has an elementary school, stores, as well as restaurants. It's also commuting distance to Salmon Arm.



Above: Sorrento looking east. Image Source: [Shuswap Resort](#).

# Neighbourhoods

## Chase

Located at the outlet of Little Shuswap Lake which feeds into the South Thompson River, the community of Chase hosts a population of 2,400. It's main industries are forestry and tourism, it's also a popular destination for lake-lovers in the summer. While it's a quaint community, it's commuting distance to both Kamloops (57km) and Salmon Arm (53km).



Above: Chase, BC. Image Source: [Trip Advisor](#).

## Sicamous

Sicamous is known as the houseboating capital. Located 30 minutes from Salmon Arm and 45 minutes from Revelstoke, Sicamous is a popular summer destination for house boaters and outdoor enthusiasts alike. It's also home to many too, with a population of almost 3,000 in the surrounding areas, If you are looking for a community-oriented and nature-inspired lifestyle, you will love Sicamous.



Above: Owlhead snowmobile trails. Image Source: Chris Block, [Snoriders West](#).



# Getting Connected

## Community and events

There are countless ways to get involved in the Shuswap, whether you're looking to find a hiking buddy, connect with other like-minded families, or get to know the arts scene here, there's something for everyone. Salmon Arm hosts many communities and welcoming groups that are all here for the same reason – to preserve our adventurist way of being!

For up-to-date events and entertainment in and around the Shuswap, see [Downtown Salmon Arm's event webpage](#). [Eventbrite](#) and local Facebook community groups are also a great way to stay “in the know”.

Right: Salmon Arm Farmer's Market. Image Source: Libby Olsen.









## Arts and Culture

There are countless activities and events that happen year-round. From live music at our annual Roots & Blues Music Festival, to regular patio performances at Wednesdays on the Wharf and Marionette Winery, to theatre acts at Caravan Farm Theatre – there’s always a variety of things to do to keep you and your circle entertained. Don’t want to leave the pup at home? Check out these dog friendly patios!

- Shuswap Pie Co. (Salmon Arm)
- Canooligans (Canoe)
- Timber Shuswap (Blind Bay)
- Sprockets Café (Sorrento)

Love antiques and old vehicles? Over the summer there is an open drive and showing at the Westgate Public Market every Friday for everyone to hang out and enjoy the local car culture. Tappen is also home to the infamous White Post Auto Museum & Antiques Mall. It’s also near Rust Bro Restorations, which has been featured on Netflix as “Rust Valley Restorers”!

## Trails

There's so much to get out and explore, it's no wonder people travel from near and far to experience the beauty of the Shuswap. The Shuswap Trail Alliance has an awesome interactive website to search trails in your area. AllTrails is also a great mobile app to save and bookmark trails that you'd like to go back to, or have yet to visit. TrailForks is another great app, used mostly by mountain bikers but also for trail runners or snowmobilers to find designated trails.

## Beaches

The Shuswap's beaches might not be as obvious as our endless trail heads, there are a number of popular summer spots for boaters and locals alike. Some of the best beaches include:

- Canoe beach (Canoe)
- Silver Beach Provincial Park (Seymour Arm)
- Albas Provincial Park (North Shuswap)
- Blind Bay Beaches (South Shuswap)







# Additional Resources

## Newcomers to Canada

The [Shuswap Immigrant Services Society](#) offers a variety of services including settlement, employment and crisis support as well as access to language workshops, events, and childminding support. All resources and programs initiated by the Shuswap Immigrant Services Society are free and confidential.

Looking to get your banking set up? Open your first Canadian bank account and start building credit right away. For more information on setting up banking as a newcomer, book an appointment with an Advisor. Looking to start or relocate a business? We've also got you covered.



Get Banking Support



## Fraud Prevention

- Canadian Anti-Fraud Centre - Toll Free Reporting Line: 1-888-495-8501
- Royal Canadian Mounted Policed (RCMP) Salmon Arm Detachment - Phone: 250-832-6044

## Community Services

- Shuswap Immigrant Services Society:  
**Email:** [info@sissociety.ca](mailto:info@sissociety.ca) | **Phone:** 250-804-2726
- Salmon Arm Economic Development Society -  
Non-profit society for business development.  
**Email:** [info@saeds.ca](mailto:info@saeds.ca) | **Phone:** 250-833-0608
- Shuswap Children's Association - Support services and workshops for child development:  
**Email:** [info@shuswapchildrens.ca](mailto:info@shuswapchildrens.ca) | **Phone:** 250.833.0164 Ext 0



- [Safe Society](#) - Support services for those experiencing partner violence or other forms of abuse. **24/Hour Crisis Line:** 250.832.9616
- [Shuswap Tourism](#) - Places to explore and travel inspiration for the Shuswap. **Email:** info@shuswaptourism.ca
- [Salmon Arm Recreation](#) - **Phone:** 250.833.4646

## Health Resources

- [BC's Health Connect Registry](#) - To register for a family doctor in your area. **Phone:** 8-1-1 for free health information and advice.

## Wildfire Safety Resources

- [Salmon Arm Fire Department](#) - To report a fire. **Phone:** 250-803-4060
- [Shuswap Emergency Program](#) - Stay informed in case of floods, wildfires, extreme weather and more. See also resources such as the [Household Preparedness Guide](#) and follow CSRD on social media for on-going community updates.

## SASCU Credit Union

For nearly 80 years, we've been the Shuswap's trusted credit union - built by members, for members.

As a financial co-operative, our members are more than account-holders - they're owners, innovators, and partners who put our community first. We put them first with a commitment to their financial well-being, personalized advice, and powerful banking tools.

And yes, anyone can join.

Enjoy everyday, low-fee personal and business banking tools, plus:

- Flexible account and investment options
- Personal and business insurance coverage
- Customized lending solutions for your business
- Tailored wealth and investment management

Get in touch with us at:  
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Fly Hills, Salmon Arm. Image Source: Viktoria Haack

